

Prologue

According to my natal chart, I was born under the influence of beauty and artistic expression. I felt the need to create beauty from a young age. Whatever I saw around me, every stimulus, constituted a source of inspiration for the artist within me. The vibration of beauty sought expression on all levels, at all times, and in every way. Initially, houses and flowers constituted the canvas on which I expressed the aesthetic sense flooding my mind and heart. I wanted to become an architect, to ground all this wealth, and create happiness and joy in other people as well. I felt the need to share my imagination and my sense of aesthetics.

I had not, however, considered the magic of life itself, the existence of the higher universal force that pulses in every person, guiding him throughout life every step of the way. Even though beauty had sprouted within me long before, it had yet to decide

in which direction its most wonderful flower would flourish.

In my life, this beauty expressed itself in all its glory the moment I became acquainted with and grasped the deeper levels of my existence. I found this, my ultimate reality, through an inner path of self-knowledge, which I have been walking now, for many years.

It is this knowledge and experience that I wish to share with people all over the world, to unveil the beauty that exists within us and in our lives when we choose to perceive our existence through the light of truth and the love of our higher Divine Self.

And so **Beauty** came into being as a guide to self-knowledge and happiness. Its writing was the result of many years, requiring persistent inner quests and analysis-integration of knowledge and experiences. It is a book in which the readers will recognize elements of themselves and their own lives. The purpose of the book is not to cover the wide range of experiences every person may have, but to awaken the reader to a new type of consciousness, and to teach a new way of thinking that will help him perceive and truly grasp the significance of the events in his life. The purpose of the guide is to acquaint the reader with *himself* by using simple terms that render the reason for his existence and the creation of his reality comprehensible.

As a result, the guide focuses on a basic body of self-knowledge, showing to whomever is interested

the path and the manner with which to “work” on one’s personal experiences—venturing deeper as well as higher into an understanding of one’s existence. I firmly believe that it is the personal work we do with ourselves that liberates us and brings us happiness, and not the accumulation of dry information and knowledge. That is also the reason why this guide has very little bibliography, and cites sources only where necessary.

Beauty is the expression of my personal work on the maxim to “know thyself.” It is the result of my need to share this with my fellow humans, not from a position of power, but equality, to help whomsoever wishes to bring all his or her potential to the surface and to open the way for personal happiness.

Beauty conveys a vision of a better society with new values, moral principles, justice, freedom, integrity, honesty, equality and unity—virtues emerging from the concept of love that have not yet been actualized by humanity, despite our having entered the 21st century. The question is why the progress we are experiencing isn’t accompanied by a corresponding efflorescence of these values, and why we continue to witness conflict on a global scale, war, exploitation, and a lack of respect toward our fellow humans, nature, animals and Earth itself.

My view posits that it is because the core of the society we live in hasn’t changed. Its principal element, man himself, hasn’t changed. How can we

expect change if we continue to function in the same way we did in the past? As long as people's thinking and behavior are influenced by concepts such as rivalry, comparison and competition, it is utopic for us to hope for a better world for both our children and ourselves.

Personally, I do not regard technological, economic, and scientific progress as evolution. This progress may promise better and more comfortable standards of living, but it does not lead to the evolution of the human species.

Only when we have change and improvement in the individual, can we talk about an evolution of society. Only when we become better people and more conscious in our lives about what we do and why we do it. What's more, we can talk about the elevation of the individual only when he starts to align himself more and more on a daily basis with vibrations of the higher levels of his existence by treading the path of self-knowledge. To "know thyself" is the ultimate act of man, as defined by the Delphic maxims.

The ancient Greek philosopher Socrates said: "Let him who would move the world first move himself." I know it is difficult, but not unachievable. I strive to do so every day and will strive every day. For me, for you, and for our children.

It is exactly within this context that I have written *Beauty*, wishing—with all due respect—to add one more, small building block to this change in and elevation of man.

Only the alignment of our self with the highest vibrational energy of love—through an understanding and acceptance of all our emotions and aspects of ourselves as being our greatest teachers—can lead to new knowledge and the opening of our consciousness. This is a foundation stone for our evolutionary course and for change within the very fabric of society.

The ego is what segregates people while the higher levels of our existence, our soul, our Divine Consciousness, are what unite us all. The more we liberate ourselves from the illusory perception of our existence, from the programmed and mistaken beliefs of our ego, the more we align ourselves with the higher levels of our Divine Consciousness in every one of our thoughts, words and acts, only then are we able to experience unity, equality and unconditional love. Then we will tread on the path toward humanity's elevation and experience a new form of social behavior where there is no "I" but "we."

We are living through the most important moment of planet Gaia: The period during which Earth is changing dimension, heightening its vibrations, sweeping humanity along in this change, and leading us to an understanding of existence and our purpose on Earth.

It is through these higher planes of my soul, through the inspiration and guidance of my higher, Divine Self, that I align myself more and more with my soul's purpose: to learn, to evolve, to create and

to offer. And I will continue to offer in every way, with all my being...I will continue to work for truth, love, and knowledge, for my Greater Good and for the Greater Good of all.